



Weekly Work - Home Learning for Self Isolating Pupils

Class: Barn Owl and Kestrel	Week Beginning: 28.09.2020
Literacy	<p>Before a child can write they need to develop the fine motor skills and strengthen the muscles in their hands.</p> <ul style="list-style-type: none">• Daily 'Dough Disco', these are strengthening exercises to develop the muscles in your child's hands and their dexterity. The idea of this activity is give your child a piece of dough, about the size of a ping pong ball, and to practise certain moves with them. The basic moves are rolling into a ball, rolling into a sausage shape, squeezing it, splatting it or tapping it, pinching it and poking fingers in individually. Each move should be repeated for both hands. So put on some favourite music and have fun at your very own Dough Disco. Here is a link of a video to see what it is about - https://safeYouTube.net/w/wv9gb If you don't have playdough please follow this link for an easy no cook recipe - https://www.bbcgoodfood.com/howto/guide/playdough-recipe• Practise handwriting patterns in salt, flour or dry sand. Pour a little bit of salt, flour or dry sand onto a plate and practise making patterns in them. Use can use your fingers or a straw (with a straw you could practise pencil grip). Please see 'Handwriting patterns' pdf.• 'My Family' writing. Show your child a photo of their immediate family and ask them to have a go a writing their names. Do not show them or teach them how, that is not the aim of this activity. We want the children to have a go. You may find your child knows and can write them or some of the letters. They may know the first sounds. If your child can say the first sound but doesn't know how to write it, show them what it looks like. Just let them write what they can. Do not push for them to write the whole name. Your child may just make patterns and that is okay. We want your child to have a positive experience of writing. They need to come out of this activity without negative thoughts towards it. Praise them for their efforts, whatever they are and don't keep them there any longer than 5 minutes. We want your child to come away think 'I can do this', a positive mind-set is so important for children to develop. Look at which hand your child is using, look at how they are holding the pencil – encourage a correct tripod grip, also look at how they are sitting – are the sitting upright, both feet on the floor, is their bottom back on the chair. A correct sitting position is important to develop writing and avoid bad habits forming.
Phonics	<p>This week we are starting daily phonics with the children. Each session focusses on just one phoneme (or sound). Sound being taught this week are - s, a, t, p and the last day is a revision.</p> <p>Follow this link for a video lesson - https://www.youtube.com/channel/UCP_FbjYUP_UtldV2K_-niWw/featured</p> <ul style="list-style-type: none">• Monday – Go to 'Autumn Term Reception Lessons' lesson 1• Tuesday – Go to 'Autumn Term Reception Lessons' lesson 2• Wednesday – Go to 'Autumn Term Reception Lessons' lesson 3• Thursday – Go to 'Autumn Term Reception Lessons' lesson 4• Friday – Go to 'Autumn Term Reception Lessons' lesson 5



Numeracy	<ul style="list-style-type: none"> Focussing on numbers 6 to 10, a different number each day to avoid confusion (see below for which number on which day). Explore together each numeral in turn and try identifying it from other numerals. Think about how the number can be represented in different ways e.g. spots, on a dice, tally, in a line, in a random arrangement. Look for the number around your home e.g. tv remote, clocks, phones, cookers, games. Enjoy watching the Cbeebies Numberblock episodes for numbers 6 to 10 (series 2) using bbc iplayer - https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks?seriesId=b0bl5v3r Visit hwb wales website for 'The story of.....' each number and play the games. Unfortunately there isn't one for 10. <ul style="list-style-type: none"> Monday - Number 6 – https://resources.hwb.wales.gov.uk/VTC/story_of_6/eng/Introduction/default.htm Tuesday - Number 7 – http://resources.hwb.wales.gov.uk/VTC/story_of_7/eng/Introduction/default.htm Wednesday - Number 8 – http://resources.hwb.wales.gov.uk/VTC/story_of_8/eng/Introduction/default.htm Thursday - Number 9 – https://resources.hwb.wales.gov.uk/VTC/story_of_9/eng/Introduction/default.htm Friday - Number 10 – 'All about the number 10' PowerPoint (find on class page to download). Practise having a try at writing the numbers large e.g. in the air with your finger, chalks on the ground, with paint. We have rhymes we use to help teach the children. Please see Number Formation Rhyme Cards pdf for these.
Understanding the World	<p>This week we are having the 'Marvellous Middle' for our topic Super Me. This activity you will have to plan in advance. The night before take some of child's toys and freeze them in water over night. Also print out or copy onto paper the letter from Ice Girl. (Letter can be found on our class page). The next day set them up for your child to discover in their own time, make sure you have put the letter nearby. When they do discover the toys have been frozen pretend you know nothing about it and ask them what's going on and why it has happened? Draw their attention to the letter, if they haven't found it already and read it to them. Suggest that maybe it has something to do with learning about superheroes at school. The task is now to free their toys. Explore together their ideas – breaking the ice, holding it in their hands, stamping on the ice, warm water. Obviously please supervise your child for this activity there are a few potential accidents! Celebrate freeing and saving their toys. In the past we have had a few children who become scared by Ice Girl. If this happens to your child just send another letter from Ice Girl to say she is sorry for upsetting them and that she was just having fun, but now see the error of her ways. She could also ask if they could be friends and could send them something nice that is frozen e.g. an ice lolly!</p> <p>We will be doing this on Friday at school, so you only need to do this if your child isn't in then.</p>
Creative	<p>Our focus this week is to make a 2D shape picture. It could be a car, a person, a house, a rocket, an animal, whatever inspires your child. You will need – glue, a piece of A4 paper, pre-cut 2D shapes for circle, square, triangle and rectangle (having these in different sizes is helpful). Start by just arranging the shapes yourself and seeing if your child can say what your picture is of e.g. sun or a flower. Ask them to do the same. Then suggest that their teacher would like them to make one to bring into school. Whilst doing this activity see if your child can name the shapes, do they know anything about their properties?</p>
RE	<p>This week we will be inviting the children to pray with us before lunch if they wish to. We extend that invitation to you at home.</p>



PE	<ul style="list-style-type: none">• Practise taking off your uniform and putting on shorts and t-shirt all by yourself. Then after your PE session practise getting dressed. (This practise will really help your child when they return to school. We only have 2 adults and 30 children, we supervise and aid but do not do it for them. Also we are supposed to be social distancing as much as we can).• Explore different ways of travelling over, under, around and along. Look around your home environment and decide what could be used safely e.g. a table could be used for under, a chair could be used for over, a sofa or bed could be used for along. The aim of this activity is for the children to extend their previous learning about different ways of traveling and develop it to use it to travel under, over, around and along. For example - Can you slide under the table? Can you slide over a chair? No, how can you travel over a chair? Set your child the challenge to travel in as many different ways as they can to manoeuvre over, under, around and along. You could extend your child's understanding of instructions by giving them two part instructions. For example – Can you jump along the sofa and crawl under the table? Do they remember both parts? Do they follow the instructions in the right order? Do you have to repeat it?
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Please remember there's also lots of resources online including: Phonics Play (user name: march20, password: home) visit phase 1 and 2 areas.

If your Google Classroom is up and running, please upload to this. If not please email your work to the class email.