



HELPING YOUR CHILD TO GROW



WITH BOOKS AND READING OPPORTUNITIES

WHAT YOU MAY ALREADY DO...

- Read stories and books at home
- Share a bedtime story
- Recognise names
- Family may read to your child
- Talk about books

“CHILDREN ARE MADE
READERS ON THE LAPS
OF THEIR PARENTS.”
— EMILIE BUCHWALD

HOW YOU CAN HELP YOUR CHILD

GROW FURTHER

- Read a range of text.

Include non fiction, traditional tales, stories from other countries and cultures, rhyming books, poetry. Visit this website to get some great book recommendations.

<https://www.booktrust.org.uk/book-recommendations/booklists/great-books-guide-2025-26-for-4-to-5-year-olds/>

- Make sure children can access books by themselves
- Visit the library and choose books for the week.
- Download the Borrow Box app and borrow books from the library online
- Listen to audio books
- Attend story and rhyme time events at the library
- Model reading - let your children see you reading.
- Make sure there is time for 'Book Talk'. Show them how to hold the book, turn the pages, follow the text with a finger, discuss the author and illustrator and what the blurb on the back says.
- Read to anyone and everyone - siblings, grandparents, friends, child minders etc
- Talk about words in the book - use expression, tone and volume to make it exciting and interesting
- Encourage your child to join in with parts
- Children can read to you - they may not know the words but they can describe the pictures
- Dig deeper - Ask questions such as, Can you spot an 'S' on this page?, What do you think they were feeling?
- Give children time to process the words and respond.
- Snuggle up and value book time to encourage a love of reading

